Gingerbread

100g <i>sugar</i> 275g <i>honey</i>	Mix wet ingredients in sauce pan and bring to a boil.
50g molasses	Freshly grind all the spices.
½ tsp <i>salt</i> 125ml <i>water</i> ◊	Line bread pan with parchment paper.
350g rye flour 25g baking powder 2 tbsp ground fresh ginger 1 tsp ground cinnamon	Combine wet and dry ingredients and use kitchen mixer to knead for several minutes.
 ¹/₄ tsp ground decorticated cardamon ¹/₄ tsp ground cloves ¹/₄ tsp ground nutmeg ¹/₄ tsp black pepper ¹/₈ tsp ground anis seeds ¹/₈ tsp ground coriander 	While the dough is still warm, transfer to bread pan. Use the back of a wet spoon to smooth the top of the dough evenly; then cover with saran wrap and let rest at room temperature for a couple of hours.
♦ 1 tbsp milk	Preheat oven to 340°F. Remove saran wrap and brush with one table spoon of milk. Bake for

45min or until fully done.

Remove gingerbread from bread pan and wrap in aluminum foil while still hot. Let rest until cold.